

Ropes Course

Operation Explore, a corporate training and development company, has had a valued partnership with The Heritage Hotel for over a decade conducting team building, skills development and leadership sessions. They specialize in high and low initiatives at our unique, challenging on-site ropes course. Come enjoy a full program including breaks and lunch all tailored to your group's specific needs.

LOW COURSE INITIATIVES



LOW-V or COMMITMENT

THE CHALLENGE: Your team will traverse a series of cables and poles from start to finish maintaining balance and team work.

FOCUS: Trust, Communication and Support

TRUST FALL (HIGH AND LOW)

THE CHALLENGE: Participant stands on an elevated platform and fall backward into the arms of spotters.

FOCUS: Communication, Self-Esteem, Trust, Leadership and Problem Solving



The 12 Foot Wall



THE CHALLENGE: To get everyone up and over the wall utilizing limited resources. The team must work together for a successful result of this initiative.

FOCUS: Communication, Self-Esteem, Trust, Leadership, Problem Solving and Teamwork

CONTACT ONE OF OUR DEDICATED MEETING PLANNERS TO HELP PLAN YOUR NEXT EVENT!

1-800-932-3466

HIGH COURSE INITIATIVES

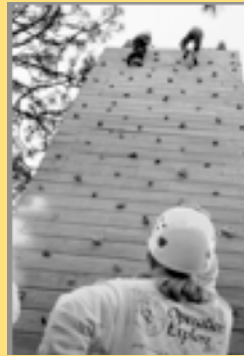
ZIP LINE: Picture yourself on a platform that is located 65' off the ground ... staring down at the ground below ... psyching yourself to lean forward and zip down the zip line and cruise 40 miles per hour after your initial free fall off the platform. The initial thrill is replaced by an adrenaline rush as your team comes out to congratulate you and help you down from the wire.



FOCUS: Support, Trust, Mental Toughness

CLIMBING TOWER (Two sided A-frame Tower with up to 6 climbers at a time):

A team of two – three climbers will assist each other in climbing a 42 foot tower while the team is below supporting their climb through coaching, cheering and belaying. This is truly a team focused activity that can also be framed as a high group problem solving activity. Uses team belay system.



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FOCUS: Trust, Teamwork, Communication, Decision Making, Problem Solving

HIGH-Y: A partnering high course initiative that requires two members of a team to start at two separate poles and walk out on a cable to a central point where they are required to work together to make it to the third pole. Uses a team belay system.



FOCUS: Collaboration, Support, Teamwork

This could be YOU!!

POWER POLE:

Climb as far as possible up a pole using the attached footholds, stand on the top and jump toward a rope suspended in front of you. Uses a team belay system.

FOCUS: Leadership, Mental Toughness, Support

